

# UK Info Sheet **U16 UK/US Tour 2023 August 9-19, 2023**

Heartland Polocrosse Club at Carpenter's, 35805 Alder School Road, Round Hill, Virginia

Coach, manager, hosts will pick up UK team from airport Wednesday evening. Message to connect at curbside arrivals.

**UK player fee is \$250.00.** Horse, tack and equipment, tournament entry, accommodations, transportation to/from airport and activities, tour shirt, meals on site (10 breakfasts, 5 lunches, 6 dinners), swimming, tubing, and bowling will be provided.

**Chaperone, manager, or coach fee is \$200.00.** Accommodations, transportation to/from airport and activities, tour shirt, meals on site (10 breakfasts, 5 lunches, 6 dinners), swimming, tubing, and bowling will be provided.

## **This List is What is Provided for UK Guests That You Do Not Need to Pack:**

- Cots, beds, bedding, linens, pillows, bath towels, wash cloths, beach towels
- Full bath with shower available in the house with liquid bath soap and shampoo.
- Refillable water bottles provided to refill at water coolers field side or for outings.
- Sunscreen, insect repellent
- Breakfast everyday, 5 lunches, and 6 dinners are provided, for registered riders, coaches, managers and chaperones

## **Additional estimated spending per participant**

<b>Tournament Lunch</b> purchased from food truck vendor on site estimate \$15 x 2 days	\$30.00
<b>DC day trip</b> Metro 1 day unlimited pass \$13, lunch estimate \$20.00	\$35.00
<b>Harpers Ferry afternoon</b> flat water tubing, Dinner Harpers Ferry Brewing \$15.00 estimate	\$15.00
<b>Bowl The Branch</b> dinner and drinks off the menu estimate \$25	\$25.00
<b>Lunch in Leesburg</b> \$15 estimate, Outlets shopping spending	\$15.00
<b>Tuesday, Middleburg</b> , shops, lunch estimate \$15	\$15.00
<b>Total estimated personal spending per guest</b>	\$135.00
<b>Plus</b> personal shopping spending	

## **What International Guests Should Pack and Bring**

1. Approved riding helmet
2. Please wear current Medical Card arm band or bracelet, or medical card folded in helmet with emergency medical information when horseback riding and on outings.
3. Riders, please wear workmanlike riding attire in good repair: jeans (not ripped), britches/jodhpurs, collared polo shirt or t-shirt (shirts must have sleeves, no tank tops or camis) during equestrian activities.
4. Riders and supporters must wear comfortable socks and appropriate riding boots or closed barn shoes, when around horses. No sandals, flip flops, bear feet or tennis shoes while handling horses.
5. Swim suit and water shoes for tubing trip.
6. Light rain jacket, sweatshirt for cool nights
7. Comfortable walking shoes for tour outings
8. Sun hat or cap, hair tie backs, sunglasses
9. Change of clothes daily. Weather may be hot, humid, and sunny. Don't wear tank tops or camis if you tend to get sun burned. Wear shorts and t-shirts for hot days, long pants for evenings to avoid insect bites.
10. Guests are responsible for their own medical needs and food allergies.
11. Please make host aware of food allergies, gluten free, or vegetarian needs in advance of arrival.

**Questions, contact: UK Tour Coach, Lizzie Shearing or UK Tour Manager, Penny Webb  
US Host Organizer, Jennifer Carpenter, phone 703-475-7832, [playerdevelopment@americanpolocrosse.org](mailto:playerdevelopment@americanpolocrosse.org)**

**Tour Etiquette** Please be respectful of hosts, participants, and volunteers; the grounds; equipment; and each other so that your stay will be safe and pleasant for everyone.

1. Courteous sportsmanlike conduct is expected at all times.
2. Please help set up, care for horses, and assist as needed and when asked.
3. Keep your shared accommodation areas tidy.
4. Please follow the schedule and arrive on time to scheduled activities.
5. Please notify team manager and host to be excused from a scheduled activity or to leave the group or host property.
6. Chaperones are asked not bring children that are not on the team or pets so that focus remains on riders and safety.
7. Approved riding helmets and proper footwear must be worn at all times when mounted.
8. Horse care, conduct, attire, equipment and safety standards will be in accordance to APA and Pony Club standards.
9. Possession or use of drugs or alcohol by minors (under age 21) is illegal and forbidden.
10. Smoking, vaping, possession or use of tobacco by minors is forbidden.
11. No smoking or vaping is allowed in our home or any buildings on the property.
12. Please pick up trash—your own or trash left by others
13. Please use recycle receptacles for plastic bottles and cans.
14. Report any damage to the property to the team manager and host.
15. Stay within property lines as indicated on sitemap.
16. Upon entry and exit, at all times, other than tournament move in and move out, please close gate at road entrance of penning, camping and playing field.