US Into Sheet U16 UK/US Inbound Tour 2023 August 7-14, 2023

Heartland Polocrosse Club at Carpenter's, 35805 Allder School Road, Round Hill, Virginia

American riders, coach, manager, and chaperones may primitive or RV camp and hot pen horses. Nearby hotels in Leesburg VA.

A few electric hookups are available if requested in advance for \$25 for the week payable to Heartland Polocrosse Club, provide your own converter and appropriate extension.

Move-in can begin Sunday, August 6. Riders must be moved in and set up with horses by 11:00 AM Monday, August 7.

Water hoses for horses, port-a-johns, and indoor bathrooms and showers available.

US player fee is \$200.00 includes tour shirt, meals on site (7 breakfasts, 5 lunches, 4 dinners), and facilities.

Chaperone, manager, or coach fee is \$100.00 includes tour shirt, meals on site (7 breakfasts, 5 lunches, 4 dinners), and facilities.

What to Bring For Horses

Mark all belongings with your first and last name.

- 1. Completed Stall Card posted on trailer near pen
- 2. Hot pen equipment
- 3. Muck bucket sized water trough for hot pen.
- 4. 2—5 gallon water buckets
- 5. Feed pan, feed, supplements, hay—enough for the entire stay fed in properly hung hay bag, or fed in the hot pen.
- 6. Leather halter or breakaway halter and cotton lead rope or lead with breakaway to tie to trailer, extra halter and lead rope
- 7. Pitch fork and muck bucket to pick up muck, and transport to muck pile by truck.
- 8. Grooming kit, wash buckets, sponges, and sweat scraper
- 9. Tack—clean and in good repair with necessary pads, including an extra saddle pad for second ride of the day if the other is wet.
- 10. Polocrosse equipment: racket, ball, breastplate, polo wraps, bell boots, whip and extra of each.
- 11. Tack Cleaning kit
- 12. Tack hooks, saddle rack, at/in your trailer area

Purcellville is minutes away with everything you need to restock tack shop, feed, fuel, grocery stores, and fast food.

Another Turn Tack,

221 North 21st Street., Purcellville 540-411-3591

Southern States Cooperative

261 N 21st Street, Purcellville 540-338-7136

Estimated Personal Spending per Rider

Tournament Lunch purchased from food truck vendor on site estimate \$15 x 2 days	\$30.00
DC day trip Metro 1 day unlimited pass \$13, lunch estimate \$25.00	\$40.00
Harpers Ferry afternoon flat water tubing, Dinner Harpers Ferry Brewing estimate	\$65.00
Bowl The Branch bowling and dinner estimate	\$50.00
Lunch in Leesburg while outlet shopping	\$15.00
Middleburg pool	\$6.00
Middleburg lunch estimate	\$25.00
Total estimated personal spending per guest	\$231.00
Plus personal shopping spending	

What to Bring For Humans

- 1. 2 polocrosse horses clean, shod, and well conditioned/fit for polocrosse
- 2. ASTM/SEI approved riding helmet
- 3. Arm band with current complete Medical Card or bracelet to be worn at all times
- 4. Riders, please wear workmanlike riding attire in good repair: jeans (not ripped), britches/jodhpurs, collared polo shirt or t-shirt (shirts must have sleeves, no tank tops or camis) during equestrian activities.
- Riders, managers, coaches, and chaperones, please wear collared polo shirt or t-shirt (shirts should have sleeves, no tank tops or camis) when riding or working around horses.
- 6. Riders, managers, coaches, and chaperones, please wear socks and boots or closed toe barn shoes, when around horses. No sandals, flip flops, bear feet or tennis shoes while handling horses.
- 7. Tent or trailer sleeping arrangements and bedding
- 8. Bath towels and beach towel.
- 9. Swim suit, water shoes for tubing or wading
- 10. Light rain jacket, sweatshirt for cool nights
- 11. Comfortable walking shoes for tour outings.
- 12. Sun hat or cap, hair tie backs, sunglasses.
- 13. Change of clothes daily. It is likely to be hot, humid, and sunny weather! Don't wear tank tops or camis if you tend to get sun burned. Wear shorts and t-shirts for hot days, long pants for evenings to avoid mosquito bites.
- 14. Camp chairs for rider and chaperone and shade tent.

Questions, contact:

Tour Coach

Summer Weldon, cell (302) 757-4298 summer62296@gmail.com

Tour Host Organizer

Jennifer Carpenter, cell 703-475-7832 playerdevelopment@americanpolocrosse.org

Tour Etiquette *Please be respectful of hosts, participants, and volunteers; the grounds; equipment; and each other so that your stay will be safe and pleasant for everyone.*

- 1. Courteous sportsmanlike conduct is expected at all times.
- 2. Please help set up, care for horses, and assist as needed and when asked.
- 3. Keep your shared accommodation areas tidy.
- 4. Please follow the schedule and arrive on time to scheduled activities.
- 5. Please notify team manager and host to be excused from a scheduled activity or to leave the group or host property.
- 6. Chaperones are asked not bring children that are not on the team, extra horses, or pets so that focus remains on team riders and their safety.
- 7. Approved riding helmets and proper footwear must be worn at all times when mounted.
- 8. Horse care, conduct, attire, equipment and safety standards during camp will be run in accordance to American Polocrosse Association and United States Pony Club standards.
- 9. Possession or use of drugs or alcohol by minors (under age 21) is illegal and forbidden.
- 10. Smoking, vaping, possession or use of tobacco by minors is forbidden.
- 11. No smoking or vaping is allowed in our home or any buildings on the property.
- 12. Please pick up trash-your own or trash left by others
- 13. Please use recycle receptacles for plastic bottles and cans.
- 14. Report any damage to the property to the team manager and host.
- 15. Stay within property lines as indicated on sitemap.
- 16. Upon entry and exit, at all times, other than tournament move in and move out, please close gate at road entrance of penning, camping and playing field.

